



Policy Handbook



Camp OdySEA is a 4-day summer camp experience on a remote island in Southeast Alaska focused on youth leadership in substance use prevention, mental health, and health equity. Camp will take place on June 11th-14th, 2026 at Camp Lorraine on Vank Island in Wrangell, Alaska.

Below are Camp OdySEA's guidelines and policies to ensure a safe, effective, and fun camp experience. Please read the handbook in its entirety before registering. If you need more information, please contact Tara Taro at tara@ketchikanwellness.org

Camp Policies

Camper Eligibility Requirements

Campers at Camp OdySEA are expected to exhibit a high level of maturity and individual responsibility and must understand that their presence and participation affect the good of the camp community. If your Camper is not ready for this level of independence and responsibility, we do not recommend registering for this program. For Campers to be successful in our camp program, Campers need to be able to:

- Follow a structured schedule in a group setting.
- Communicate basic needs to camp staff and follow safety rules.
- Live, interact, and sleep in a cabin setting without disrupting others' sleep or camp experience.
- Be able to sleep without reliance on lights, music, or other sleep aids that disrupt a shared sleeping space.
- Self-manage the frequent sensory stimulation of loud and energetic environments, including constant interaction with other Campers.
- Manage and practice self-care and personal hygiene (showering, brushing teeth, going to the bathroom, changing clothes, etc.) in an age-appropriate manner.
- Be willing and able to eat a camp diet served in three standard meals and manage their own dietary needs, including eating enough daily to accommodate outdoor activities and avoiding any food to which Camper is allergic.
- Self-manage frustrations or emotional outbursts and be able to use self-calm strategies when upset.
- Identify and avoid health and safety risks.

Camper Code of Conduct

At Camp OdySEA we have a personal and collective commitment to high-quality experiences. Campers are required to sign the Camp OdySEA Camper Code of Conduct during the registration process. Campers who violate the Code of Conduct may be dismissed from camp at the sole and absolute discretion, with or without prior warning of the Camp OdySEA staff. If a camper is dismissed, their parent/guardian must arrange immediate retrieval of the camper at their expense. Please review the Camper eligibility requirements above to ensure camp is the right fit for your Camper.

As a Camper I agree to:

- Arrive at camp ready to learn and be part of a community.
- Attend and fully participate in all the lectures, activities, and gatherings, unless otherwise communicated with Camp staff.
- Treat all members of the Camp OdySEA community with respect.
- Respect Camp Lorraine and Camp OdySEA's property.
- Respect the wilderness of SE Alaska, including:
 - Putting trash in proper receptacles
 - Not burning plastic
 - Avoiding dangerous interactions with wildlife
 - Not harvesting wild foods or plants without staff permission
 - Not cutting down any trees or bushes
 - Not starting fires without express permission from Camp staff
 - Fully extinguishing all fires
- Follow Camp OdySEA's cell phone & technology policy.
- Stay within designated Camp Lorraine boundaries.
- Inform Camp staff and use buddy system when taking forest walks.
- Maintain personal integrity by not stealing, vandalizing, harassing, bullying, or lying.
- Abstain from tobacco products, alcohol, marijuana, and other illegal drugs while at Camp.
- Not bring any weapons to Camp (including pocketknives, fireworks, etc.).
- Allow Camp staff to search all my bags and possessions for prohibited items.
- Follow all Camp OdySEA rules and regulations.

If I violate this Code of Conduct, I understand that immediate dismissal at the sole and absolute discretion, with or without prior warning of the Camp OdySEA staff without refund of any part of the tuition and fees or travel costs may result.

Emergency Medical Care

By registering, a parent/guardian authorizes Camp OdySEA staff to obtain medical care for the camper in the event of illness or injury and to transport the camper to a medical facility if necessary. Camp staff will make reasonable efforts to contact the parent/guardian promptly. In an emergency, staff may act without prior consent. The parent/guardian is responsible for medical expenses not covered by camp insurance or the family's health plan. A medical release form is required and attached to this registration packet.

Medication Policy

All prescription and over-the-counter medications must be declared on the medical release, brought in original labeled containers, and turned into camp staff at check-in unless an alternative plan is approved in writing. Medications will be stored and administered according to written instructions; campers may not share medications.

Cell Phones & Technology Policy

Campers may bring their cell phone to camp but are expected to approach cell phones with the highest level of responsibility. It should be noted: there will be **limited to no cell phone service** at Camp Lorraine. Phones should not be out during lectures, activities, or gatherings unless invited by Camp staff. However, phones are encouraged to be used to take photos and videos of experiences at Camp while respecting other Camper's boundaries on having their photo/video taken. Campers who use phones inappropriately or outside of these parameters will receive a warning, and afterwards their phone may be confiscated for the remainder of camp. Camp is not responsible for any camper-posted social media content. Your acknowledgement regarding your camper's application has indicated to us that as a parent/guardian you are able to fully support this camp policy. In addition to the Camp OdySEA's technology policy, we ask parents/guardians not to call the camp to request to speak with their child, except in emergencies. Your acknowledgement in your Camper's application has indicated to us that as a parent/guardian, you are able to fully support this camp policy.

For Urgent Matters

Camp staff will have access to a Satellite phone in case of emergencies, but you acknowledge communication is limited and may result in delayed emergency response, including evacuation. We will have KWC staff members available in Ketchikan and Wrangell who are able to contact Camp staff at Camp Lorraine for urgent matters. Our phone number is provided so that you can reach us when you need us. Keep in mind that our full attention is focused on the care and personal growth of your children. You will inform you if

your child is ill enough to need to see a doctor and/or if our staff has concerns about your child. Otherwise, you can assume that your child is growing and thriving, and that they are with people who are committed to each Camper's well-being. Remember, no news is good news!

Personal Property

Make sure your student's name is on all items coming to camp. Students are responsible for taking care of their own property. Camp OdySEA is not responsible for lost, damaged, or stolen items and strongly discourages students from bringing valuable and sentimental items to camp.

Diversity & Inclusion

Camp OdySEA's programs are designed to foster positive relationships between Campers of diverse backgrounds. We embrace the individuality of each Camper so they can be themselves without fear of judgment or criticism. Camp OdySEA does not discriminate based on race, religion, age, gender, national or ethnic origin, sexual orientation, mental or physical ability, or gender expression and identity in the administration of its programs, policies, accommodations, and scholarships.

Inclement Weather & Activity Changes

Camp activities may be modified, relocated, or canceled for safety due to weather or sea conditions. Staff will implement alternative programming where possible and notify families of major schedule changes via email. Safety decisions made by camp leadership are final.

Supervision Ratios & Staff Qualifications

Camp staff-to-camper ratios will meet or exceed applicable program guidelines; typical ratios are one adult to every ten campers. Adults on staff include those with CPR training, Wilderness First Aid Training, and a Certified Nurse Assistant.

Travel Booking

Travel

Camp OdySEA will take place on June 11th-14th at Camp Lorraine on Vank Island in Wrangell, Alaska. Transportation to Wrangell is not covered in camp fees.

Book your summer travel as soon as possible as flights fill up quickly. Because the camp ferry leaves at 12 PM, students should arrive in Wrangell at or before 12 PM on Opening Day. Students who are unable to arrive before 12 PM due to flight schedules or fully booked flights should arrive in Wrangell the day before. See the chart below for further guidance:

Travel Region	Preferred Arrival Flight	Preferred Departure Flight	Notes
Alaska communities north of Wrangell	Flight AS 64 or AS 62 on June 10	Flight 1539 on June 14	Must fly in the day before. Contact KWC for help with lodging and supervision.
Continental U.S. (Seattle)	Flight AS 65 on June 11	Flight AS 64 on June 14	Book this flight when traveling from Seattle or connecting through Seattle.
Alaska communities south of Wrangell	Flight AS 65 on June 11	Flight 64 on June 14	Discount Code: ECMO987

For those arriving on Flight 65 on June 11th, there will be a shuttle transport to Reliance Harbor to catch the ferry to Camp Lorraine.

For those arriving before June 11th, meet at Reliance Harbor at 10:30am on June 11th.

Camp OdySEA is not responsible for campers before the designated check-in times or after official dismissal. If a camper requires alternative travel plans, parent/guardian must notify Camp in writing and may be required to provide authorized transportation arrangements.

To check out Camp Lorraine and their amenities, visit their website at:

<https://www.wrangellsda.org/camp-lorraine.html>

Packing List

Things to Pack (Required)

- Sleeping Bag
- Pillow
- Towel & Washcloth
- Soap, toothbrush, other toiletries
- Flip flops for showering
- Clothing appropriate for a temperate maritime climate
 - Layers
 - Warm Jacket
 - Raincoat + Rain pants
 - Waterproof shoes (boots are preferred)
- Flashlight
- Water bottle
- Notebook
- Writing utensils (pencils, pens, highlighters)

Things to Pack (Optional)

- Sleeping pad
- Swimsuit
- Water Shoes
- Hiking Shoes
- Camera

We look forward to having an awesome Alaskan wilderness experience with you!

For more information contact Tara Taro at tara@ketchikanwellness.org



Ketchikan Wellness Coalition 907-225-9355

